



# Grade 1/2 Newsletter

October 20, 2014

## Important Dates:



### Library Books

Return on **Tuesday**  
(Miss Gray's Class)

Return on **Wednesday**  
(Miss Woof's Class)

**Thursday:** Please return leveled readers for assessment ☺

**October 23<sup>rd</sup>:** PJ Day!  
(Wear your pajamas and bring a stuffie to school!)

**Friday, October 24<sup>th</sup>:** Pro-D Day  
(No School)

## Operation Christmas Child...



This year our classes have decided to partner with the kindergarten class to collect items for Operation Christmas Child shoeboxes. From now until Nov. 18 we will be taking donations for:

- toiletries (Miss Woof)
- school supplies (Miss Gray)
- toys (Mrs. Schmitz)

For more information about this, please visit:

<http://www.samaritanspurse.ca/>

## Joke of the Week

Knock, knock!    -Who's there?  
Dwayne            -Dwayne who?  
Dwayne the tub, I'm dawning!

(Submitted by Renee, whose dad's name is Dwayne ☺)



Just a reminder that Pokemon cards are not to be brought to school. Please keep them at home, or if they are brought in for show and tell, they must be kept in backpacks!

*"The more that you read, the more things you will know. The more you learn, the more places you'll go."— Dr. Seuss*

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## Show and Tell Schedule

### **Monday**

Travis, Ethan N, Robert,  
Grayson, Bodre, Brady, Mikaila,  
Jimmy, Jake, Jordyn, Coral

### **Tuesday**

Ethan R, Gabby, Moji, Eli, Riley,  
Marshall, Benny, Mitchell, Mary,  
Savannah, Jaden, Liam K.

### **Wednesday**

Ethan A, Asher, Liam G.,  
Catherina, Nevaeh, Joshua,  
Brody, Kiran, Vanessa,  
Raymond, Kayly

### **Thursday**

Tavian, Gabe, Ava, Renee,  
Helanna, Joel, Ethan V.,  
Locklyn, Gideon



## Skating

Skating Permission slips  
went home on Friday! If  
you are planning to  
volunteer, please make  
note that the times have  
slightly changed.  
Please see notice  
for details.



## Zones of Regulation

We have been implementing the Zones of Regulation program at NCS. Here are some definitions of the language we have been using:

In the **Red Zone** a person may be elated or experiencing anger, rage, explosive behavior, devastation, or terror. A person is described as "out of control" if in the Red Zone.

In the **Yellow Zone** a person has some control. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness.

In the **Green Zone** a person may be described as happy, focused, content, or ready to learn. This is the zone where optimal learning occurs, as it is a calm state of alertness.

The **Blue Zone** is used to describe low states of alertness, such as when one feels sad, tired, sick, or bored.

We have also been discussing **expected** and **unexpected** behaviors in the classroom. An example of an expected behavior would be taking a deep breath or asking for help when you are feeling frustrated. On the other hand, hitting people or yelling would be unexpected behaviors.

From: <http://www.zonesofregulation.com/>



## DEAR! (Drop Everything And Read!)

You are invited to join us for our school-wide reading event on October 27th from 11:00-11:30 in the gym. This will be held in conjunction with schools from across the province of British Columbia. See the invite [here](#).

In particular, if you are a parent in uniform, we would especially like to invite you to attend. We would love to show students that no matter what profession you have in life, reading is essential.

Have an excellent week!

